

EXHIBIT E

Do you feel...

scared?

nervous?

alone?

angry?

frustrated?

overwhelmed?

Do you wonder...

how did this happen to me?

what am I supposed to do now?

Do you want...

help?

support?

answers?

Who will listen and really understand how scared & sick and angry you are?

We will!

Now and your doctors have an important valuable business to serve with basic rights and individual needs.

We care about you.

It is never too late to grieve! Stop and ask Jesus to help you. He loves you more than you can possibly imagine. His power is greater than any problem, and he can lead any woman. He is waiting to help you. All you have to do is ask!

"Dear Jesus, I am scared and I don't know what to do. Please come and be with me right now. Show me what to do and give me the strength to do it."

Amen!

YOU ARE PRECIOUS IN GOD'S EYES!

Post Abortion Healing

Lumina

<http://postabortionhealing.com/ask>
(877) 586-4071, or email
lumina@postabortionhealing.com

Sisters of Life

866.573.0673

www.thehealingcenteroflife.org

Rachel's Helpers

347.702.2152

A LAMP FOR LIFE 718-593-LIFE

lampaforlife.org

**Pregnant?
Worried?**

We'll Help!

BROOKLYN

EMC Pregnancy Center

44 Court ST, #713 718-596-4300

LIFE CENTER of NEW YORK

6802 7th Ave. #8th Fl. 718-748-0903

QUEENS

BRIDGE to LIFE

147-21 Sanford Ave. 718-453-1819

EMC Pregnancy Center (Corona)

8908 Roosevelt Ave. 718-451-0400

MANHATTAN

PREGNANCY HELP

233 W. 34th St. 212-943-7119

SISTERS OF LIFE

217 E. 31st St. 212-787-0935

AVAIL

110 E. 40th St. 212-689-1705

GIANNA CENTER

13 E. 40th St., Ste 101 212-681-1319

BRONX

EMC Pregnancy Center

334 East 149th St. 718-452-4900

How we can help you!

- Free Pregnancy test
- Free ultrasound
- Counseling as needed with parents, boyfriend, or husband
- Professional services (legal, medical, employment)
- Offer you spiritual support
- Show you how you can continue with school
- Arrange for housing

All services offered with strict confidentiality.

Our help is free.

We will help you - before, during, and after your pregnancy.

Did you know?

Abortion - Possible health risks

Physical	Mental
Perforation of uterus or cervix	Feelings of guilt & anxiety
Increased risk of cervical cancer	Suicidal thoughts
Death	Sexual dysfunction
Retained placenta or fetal parts	Eating disorders
Complications for future pregnancies	Drug & alcohol abuse
	Repeat abortions

For more information: www.abortionpill.org

Abortion Pill - possible health risks

(The RU-486 pill is offered up to 49 days or 7 weeks of pregnancy. You may have to agree to have a surgical abortion if the pill does not work.)

- heavy bleeding/haemorrhaging
- infection
- death
- vomiting, diarrhea, severe pain
- damage to the uterus

For more information, visit www.abortionpill.org

Contraceptives: possible health risks

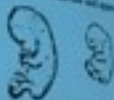
- Blood clots (can cause strokes)
- Breast cancer
- Cervical cancer
- Infertility
- Weight gain
- Mental depression
- Abortifacient (causes medical abortion)

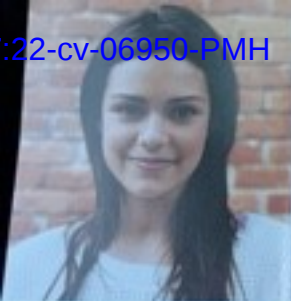
For more information, visit www.dr1611.com

EXHIBIT E

...woman's liver & kidneys in the next 10 days and by the 10 day has been used and liver, kidney, and stomach.

A day process - for actual use and approval





Cuando en el Centro de la Visitación me dijeron que todo saldría bien, pensé que estaban locos, pero no era una locura. Todo será mucho mejor de lo esperado, y yo nunca tendré que arrepentirme de mi decisión. Nunca tendré que llorar la pérdida de mi hijo. Tomé la decisión que me permite vivir en paz.

- Raquel

De repente
cuando todo parece
perdido se nos
abre una puerta.

Toma el primer paso.
Llámanos.
Apoyo gratis.

Hermanas de la Vida
Centro de la Visitación
visitationcenterus.org

Llámanos: 877.777.1277
Texto: 212.203.8716



¿EMBARAZADA?

Te dicen, esto no
puede funcionar.
Talvez no te conocen.

Hay un camino.
Recorrámoslo juntas.

Llámanos. Apoyo gratis.
877.777.1277

este embarazo
no significa
que tu vida se
acabó?

Toda nuestra vida le pesamos pensando. Desde que apenas podemos hablar le damos una pregunta que vamos a ser cuando seamos mayores. Después de tantas planes y expectativas, un embarazo inesperado puede hacernos creer que nuestra vida ha llegado a su fin. Especialmente si pensamos que todos, con excepción de ese momento que nos ha traído desde el fondo de nuestra corazón, nos aseguran que no hay ninguna posibilidad de hacer que esto funcione. Bueno, y ¿qué tal si todo vuelve a estar bien? La Misión de la Visitación está aquí para ayudarte a descubrir la linda promesa que se esconde en lo inesperado: la más grande de ti que está a punto de surgir.

Tienes muchos sueños por lograr todavía. La impotencia que sientes ahora no revela la persona que tú eres. Hay tantas preguntas en respuesta y tantas imposibilidades aparentes. Pero la pasión que guía tus experiencias y ambiciones en la vida es la que expresa la fortaleza de la que eres capaz como mujer, incluso en las circunstancias más dolorosas y difíciles.

TÚ PUEDES HACERLO. Y NO ESTÁS SOLA.

HAY RECURSOS DISPONIBLES PARA TI:

VIVIENDA

Un lugar al que puedas llamar hogar y que satisfaga tus necesidades.

SERVICIOS PROFESIONALES

Sea que necesites apoyo médico o legal, apoyo para continuar la educación o buscar empleo, tenemos profesionales que están dispuestos a ayudarte.

COMPANEROS DE VIAJE

Inspirados por la fe y la determinación hay muchas personas que desean ayudarte en tus necesidades emocionales y materiales.

OTRAS NECESIDADES

Construyamos con la ayuda de personas inteligentes y prácticas que te ayuden a considerar todas las posibilidades.

Tu vida es mi familia y en la vida el momento al que me he comprometido para que tengas un futuro. De alguna manera yo te puedo considerar como una opción.afortunadamente, ahora me doy al trabajo de la Misión de la Visitación y cuando necesites apoyo emocional estaré muy cerca. Ahora eres un lugar seguro y seguro te ayudará en el futuro. —Ana



Photo: Anthony Nguyen

NO ESTÁS SOLA.

Las hermanas y colaboradoras de la Misión de la Visitación desean escucharte, conocer tus experiencias y dificultades. Podemos ayudarte a encontrar verdaderas posibilidades durante este tiempo difícil. Queremos caminar contigo y verte triunfar. Toma el primer paso.



Llámanos: 877.777.1277

Tuwa: 212.263.8716

visitationcenter.org

Caminemos Juntas.

En el corazón de cada mujer está el deseo de ser escuchada. De ser comprendida. De que se la confíe. De ser admirada en su más profunda belleza y en su bondad que hacen verosísimos ella misma no sea.



Tú eres un regalo.

Nosotras creemos en ti.

Hablemos y encontremos la solución con la que puedes vivir en paz.

Toma el primer paso.

877.777.1277

Stepping into Mercy

A NEW BEGINNING

"I am no longer alone.
After 29 years of silence, shame,
fear, regret, and pain I reached
out. The Day of Prayer and Healing
marked a new beginning in my life.
Being in the presence of other
women who shared their
experience of abortion,
I was lifted up and found the
support I needed." - Ellen

What if I have never told anyone about
my abortion, is it confidential? This day is
completely confidential. We do not discuss the
details outside of the gathering. We ask all who
participate to honor this confidentiality. It is
a very safe and healing environment.

What if I don't feel like sharing or talking
with anyone? That is completely fine. There
is no pressure to speak. There is much to be
gained by being part of a group and listening
to others.

What if I've had more than one abortion?
God's mercy is infinite and His never runs
out of forgiving us. Jesus said to St. Faustina,
"The greater the sin the greater right
He has to my mercy." He states our sins
on the truth that God is merciful. He is a
living Father who never rejects anyone
who comes to Him.

Entering Canaan

Days of Prayer and Healing for Women

(Developed by Thomas Rumpelshouer with the Sisters of Life)

If you would like to speak to a Sister, or
find out more about our monthly Days
of Prayer and Healing, contact
the Sisters of Life at:

866.575.0071 (toll free)
hopeandhealing@sistersoflife.org

For men:
877.586.4625 (toll free)
Luminallypocetabortionhelp.org

Ocean of mercy

I want
everyone to know
that His mercy
is much greater
than our sins.
- Jeanine

"Have faith that I will be together with you and will not forsake you. For the mountains may depart and the hills be removed, but my steadfast love shall not depart from you, and the covenant of peace shall not be removed, says the Lord, who has compassion on you."

Isaiah 54:10

The Church is aware of the many factors which may have influenced your decision, and she does not doubt that in many cases it was a painful and even shattering decision. The wound in your heart may not yet have healed. Certainly what happened was not meant for only wrong. But do not give in to discouragement and do not lose hope. The Father understands what happened and has it known. If you have not already done so, give yourselves over with humility and trust to repentance. The Father of Mercy is ready to give you his forgiveness and his peace in the Sacrament of Reconciliation. You will come to understand that nothing is definitively lost and you will also be able to ask forgiveness from your child, who is now living in the Lord."

Alfonso Puga (John Paul II) *Compendium* 1998

Reigning Mercy
Days of Prayer & Healing
for women

September 14, 2013
October 5, 2013
November 16, 2013
January 18, 2014
February 15, 2014
March 15, 2014
May 31, 2014

Call for future dates and other events.

For more information or to register
contact Sisters of Life at:
800.575.8075 (toll free)
helpandhealing@slsistersoflife.org
or Thomas Burroughs at:
877.586.4621 (toll free)
Lumenapostolicatouchhelp.org

To register for more:
toll free: 877.586.4621
Lumenapostolicatouchhelp.org

Reigning Mercy

Letting Mercy Heal Us

Flow through and heal our hurting souls.

THE OCEAN OF JESUS' MERCY

The Sisters of Life want to solidarity with those suffering after abortion. Where can I begin?

1. Individual meetings

My belief that God has a unique and beautiful plan of healing for each woman who contacts us. Many who are not being alone experience great peace as they are able share their burdens with another. The Sisters are available to meet with women individually or perhaps to view the photos as they walk through the journey of healing.

2. Retreats

The Sisters host monthly Days of Prayer and Healing, monthly Gatherings, and Hope and Healing Weekend Retreats. These events are opportunities to experience the loving mercy of God in a safe and sacred space.

All retreats are led by the Sisters of Life and women who have experienced both the suffering of abortion and the joy of healing in Christ. The retreats are directed by faithful priests who have a sensitivity and a heart for those who suffer. They include witness of many, Scripture sharing, communal prayer, opportunity for Sacramental Confession, and the Holy Sacrifice of the Mass.



"For so long I defined myself by my abortions. It affected all my thinking. After the Day of Prayer and Healing everything changed. I learned that I am defined by God's infinite love for me."

- Eileen

FINDING HEALING

For two months I had been camping around a crumpled hope and healing pamphlet I found at the back of the church and was finally ready to reach out. I emailed the Sisters, and mentioned that I had more than one abortion. I was greeted with such compassion, such mercy that I knew I had come to the right place.

It was a freezing-cold January morning the day the retreat began. I kept asking the Blessed Mother to help me the whole way to the retreat center, and almost turned around three times. I walked up to the door and rang the bell. "Where goes nothing." The door opened and I was greeted by a Sister. She was so warm, welcoming, and without an ounce of judgment or ridicule.

As I walked into that chapel with the sun streaming in through the stained glass, I knelt down and let out a sigh of relief. I felt a warm blanket of love wrap around me as if I were home. I could have knelt there all day. For the first time in a very long time, I knew I was safe, and I knew this is where I belonged to be healed. - Cathy



Sisters of Life at 844.375.5075 or
<http://www.healingpamphlet.com>

EXHIBIT E



When the Visitation Center
told me that everything would
be all right, I thought they
were wrong. But they weren't crazy.
Everything turned out better than
all right. I will never regret. I will
never miss the love of my child.
I made a choice I can live with.

—Rachel

Suddenly,
when all seems lost,
a door opens.

Orders of Life
Visitation Center
visitationcenters.org

Take the first step. Call us.
Free support.

Call us: 877.777.1277
Text us: 212.265.8716



What if this
pregnancy doesn't
mean your life
is over?

There is a way.

Let's walk this together.
Call us. Free support.

877.777.1277

THERE IS A WAY

What if this pregnancy doesn't mean your life is over?

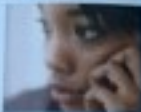
Our whole lives are spent planning. From the time we can barely talk people are asking us what we're going to do with our lives. What so many plans and expectations, an overwhelming pregnancy can seem like your life is over. Especially if it seems like no one else that time your deep in your heart hopes there is one possibility for making this work. Well, what if that little voice is right?

What if this pregnancy isn't the worst thing possible? What if everything will again be all right, and even better than all right? The Initiative believes it here to help you unfold the beautiful promise that lies hidden in the unexpected - your greatest self, waiting to emerge.

You have a lot of dreams yet to accomplish. The possibilities you feel now is not who you know yourself to be. Thank you so many unanswered questions, so many seeming impossibilities. But the person that has already given shape to your hopes and ambitions in life is what reveals the strength you are capable of as a woman, even in the most confounding of circumstances.

YOU CAN DO THIS, AND YOU ARE NOT ALONE.

Take the first step.



THERE ARE RESOURCES

You might have practical concerns during your pregnancy.

THERE ARE RESOURCES AVAILABLE TO YOU.

- **Housing** - A place you can call home. One that meets your needs.
- **Professional Services** - Whether you need medical or legal support, to continue your education or find employment, talented professionals are ready to help you.
- **Friends on the Journey** - Inspired by your courage and strength there are many who are eager to make themselves available to provide emotional and material support.
- **Other needs** - There are those with resources ready who will help you consider all possibilities.



Everyone in my family and I are excited including the father of the baby who is pursuing his to get an abortion. Sometimes I just could not see that as an option. Luckily, I was given the number of the Initiative hotline and I was pretty much out of hope when I spoke to them. Now I am living in a safe place, and I start college in the fall.

©2016

EXHIBIT E

You are not alone.

The Sisters and Co-workers of the Initiative Mission are eager to listen to you, your hopes and your struggles. We can help find real possibilities during a difficult time. We want to walk with you and see you thrive. Take that first step. Call us.

(toll free) 1.877.777.1277
www.initiative.org

Walking together.

In the heart of every woman is the longing to be heard.

To be understood.

To be believed in.

To be seen for her unique beauty and goodness that all too often she doesn't see in herself.

You are a gift.



We believe in you.

Let's talk and find that solution you can live with.

1.877.777.1277



When they told me that
everything would be all right
I thought they were crazy.
But they weren't crazy.
Everything turned out better than all right.
I still haven't regretted. I can't believe
I made the best of my choice.
I made a choice I can live with.

Rebel

Suddenly,
when all seems lost,
a door opens.

Take the first step. Call us.

Slivers of Life
212.767.0221
1.877.277.1277 (toll free)
www.sliversoflife.org



"I made a choice
I can live with."

Call us.

What if this pregnancy
doesn't mean your
life is over?

Our whole lives are
spent planning. Even the
moments we can't wait to tell
people are adding to what
we're going to do with
our lives. After so many
plans and expectations,
an unexpected pregnancy

can seem like your life is over. Especially if it seems
like no one but that little voice deep in your heart
tells you there is any possibility for making this work
well, what if that little voice is right? What if this
pregnancy isn't the worst thing possible? What if
everything will again be all right—and even better
than all right? The Visitation Alliance is here to help
you untangle the beautiful promise that lies hidden
in the unexpected: your greatest self, waiting to
emerge.

You have a lot of dreams yet to accomplish.
The possibilities you feel now is not who you
know yourself to be. There are so many unanswered
questions, so many seeming impossibilities. But the
pattern that has already given shape to your hopes
and ambitions in life is what reveals the strengths
you are capable of as a woman, even in the most
confusing of circumstances.

YOU CAN DO THIS, AND YOU ARE NOT ALONE.



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- **Friends on the Journey** - Inspired by your
courage and strength, there are many who are
eager to make themselves available to provide
emotional and material support.
- **Other Moms** - There are those with successful
minds who will help you consider all possibilities.



Everyone in my family and
my family, including the
father of the baby, was
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2020/01/10

The Sisters and Co-workers of the Visitation
Alliance are eager to listen to you, your
hopes, and your struggles. We can help
find real possibilities during a difficult time.
We want to walk with you and see you
thrive. Take that first step.

Call us: 877.777.5277
Text us: 212.263.8716
visitationalliance.org

Walking together.

In the heart of every
woman is the longing
to be heard.

To be understood.

To be believed in.

To be seen for her
unique beauty and
goodness that all too
often she doesn't see
in herself.

You are a gift.

We believe in you.

Let's talk and find that solution
you can live with.

877.777.5277



Take the first step.




FREE PREGNANCY HELP

Take the first step.
Move beyond the fear.
You are worth it.

For confidential 24/7 help:

Call: 1-800-712-4357
Text: "HELPLINE" to 313131
optionline.org




UN PASO
hacia la
ESPERANZA.

AYUDA DE EMBARAZO GRATUITA

Toma el primer paso.
No tengas miedo.
Tú vales la pena.

Para conseguir ayuda confidencial 24/7

Llama al: 1-800-712-4357
Por texto: Textee "HELPLINE" al 313131
optionline.org




you are not alone.

Call us

Sisters of Life
212.737.0221
1.877.777.1277 (toll free)
visitationcenterus.org
visitation@sistersoflife.org

Healing *after Abortion*



To speak to a Sister, or learn about
our monthly Days of Prayer and
Healing, contact the Sisters of Life:

866.575.0075 (toll free)
hopeandhealing@sistersoflife.org

To register for men:
877.586.4621 (toll free)
Lumina@postabortionhelp.org

Ocean
of mercy

My first steps helping pregnant women have an abortion in 1998. Initially, I found out that the first of abortions was coming to 240 North Avenue, which is about 5 blocks from my home. With the help of many people, a "Prayer Vigil for Life" was held on June 20, 1998. Mother Terkildsen, then president of the Catholic Conference of Wisconsin, organized a city prayer, which allowed us to march from Blessed Sacrament Church down Main Street, escorted by the St. Rochelle Police, and walk over to the proposed site of the abortion mill. All the while, we were praying the rosary and other prayers. Deacon Brian (now deceased) accompanied with their pastor Msgr. Bradley Jones (now deceased) to allow us to proceed the 13-High Mass and to follow it with the prayer march. Many others helped plan the event, and many participated in it, including the Sisters of Life, the Franciscan Friars of the Renewal, a deacon from EL, and many pro-life medical individuals.

Thus began 23 years of prayer on the sidewalk inside the building where abortions were scheduled. Through the years, information about free services for pregnant women was soon made available and passed out to people coming and going into the building. Pregnant women and women who have had an abortion and needed healing were directed to a place where they could find free assistance. We have had some success referring women to abortion sites so they would not get an abortion, or get the healing prayer and therapy as needed. Several other Masses and prayer processions have been held through the years.

After the abortion mill opened, George Lombardi (now deceased), and I began to pray the rosary on Saturday morning on LeComte Place on the sidewalk outside their parking lot.

When they switched the day abortions were done from Saturday to Thursday and I couldn't attend with George due to my work schedule, my sister, Peggy Godfrey, took my place and went faithfully to pray the Rosary with George. George and I also started a pro-life prayer group at Holy Family Church in New Rochelle.

Soon, I also joined the Wisconsin Pro-Life Right to Life group, which is still in existence. Alan Melikian (now deceased) I founded this pro-life group, I met Rob Florin some years later at the meeting, and he began praying on LeComte Place. Other individuals also prayed with him. Even when Rob Florin had no other prayers with him, he persisted to go every Thursday and pray.

Some time around 2014 - 2016, Father Matt Garcia from Immaculate High School started going to Planned Parenthood to pray. He took 8 to 10 boys from the school with him. Nicky Florin joined the group since he attended the school. Also noted is that Father started a pro-life community. When Father said Mass, his homilies always included a pro-life message.

Many other pro-life activities have since taken place in New Rochelle through the years. Several "Speak Out for Life Days" were held with a variety of speakers, including a lawyer, a doctor, a representative from Good Counsel Homes, a speaker on natural family planning, a nurse, and a speaker on the proposed for a pro-life license plan.

In 2008, Rob Florin arranged for me to use the church hall at Holy Name of Jesus Church, and I invited the Sisters of Life to come speak at the Respect Life meeting. Rob Florin, the committee's chairperson, and I went on to form the South Shore Advocates of Life. We moved a table at each of the annual women fairs in New Rochelle. This was a wonderful opportunity to display models of the development of the pre-human baby. We would also bring the pro-human baby models to our 7th grade religion class.

A few days before Ascension Thursday, 2020, the number of street pray-ers got a boost when an announcement was made at the 12:15pm Tuesday Mass telling the Mass attendees that abortions take place every Thursday at 240 North Avenue and that pray-ers were needed to stand on the sidewalk and pray. That Thursday and ever since, a small group of faithful individuals have shown up on North Avenue to pray with us. Olanza Hulsink, Joseph Baroque, his mom, and a group of Spanish speaking women. Additionally, the Sisters of Life put the announcements in their newsletters, which led to more pray-ers joining us on the sidewalk on North Avenue. Especially helpful are Cecilia Rodriguez and Joe Leidy, who show up every week. Recently, the site where the abortions take place in New Rochelle has moved to 170 Lockwood Avenue.

New pray-ers are always welcome and needed. Come help babies get their own first baby steps as we all take our own baby steps toward helping women solve their problems. So far, we usually have one or two people praying at 7am and 10:30am, but praying at an earlier time or later time would also be wonderful. Please pray wherever you are and even better, show up on the sidewalk. Call if you need more details. 904 636 4093 or email <psdlife2017@aol.com>.